

SORROWFUL MYSTERIES

- **The First Sorrowful Mystery is the Agony in the Garden:**

Then Jesus said to His disciples, "My soul is sorrowful even unto death. Stay here and watch with Me." And going a little further, He fell upon His face, saying, "Father, if You are willing, take this cup from Me. Yet not My will, but Your will be done." He went to His disciples and found them asleep. "Could you not watch one hour with Me? Pray that you enter not into temptation. The spirit is willing, but the flesh is weak." We adore You, Oh Christ, in the Mystery of the Agony in the Garden. Let us pray, through the intercession of Mary, for repentance of our sins.

- **The Second Sorrowful Mystery is the Scourging at the Pillar:**

He was wounded and bruised for our sins. By His wounds we are healed. We are like sheep that have gone astray, and the Lord laid on Him the blame of us all. He was offered because it was His own will. He was oppressed and afflicted, yet He opened not His mouth. He was led like a lamb to the slaughter. As a sheep before his shearers is silent, so He did not open His mouth. For the sins of my people He was stricken. We adore You, Oh Christ, in the Mystery of the Scourging at the Pillar. Mother Mary, most pure and chaste, pray for us.

- **The Third Sorrowful Mystery is the Crowning with Thorns:**

Having scourged Jesus, Pilate delivered Him over to them to be crucified. Then the soldiers took Jesus into the hall, and stripping Him, they put a scarlet cloak about Him. They made a crown of thorns and put it upon His head, and a reed in His right hand. And bowing before Him, they mocked him, saying, "Hail, King of the Jews." After they had mocked Him, they took off the cloak and put His own garments on Him, and led Him away to be crucified. We adore You, Oh Christ, in the Mystery of the Crowning with Thorns. Let us pray, through the intercession of Mary, for help to avoid sins of pride.

- **The Fourth Sorrowful Mystery is the Carrying of the Cross:**

As they led Him away, they laid hold of Simon of Cyrene, coming from the country; and they laid the cross on him to carry after Jesus. There followed Him a great multitude of people and women, who wailed and lamented after Him. But Jesus said to them, "Daughters of Jerusalem, weep not over Me; but weep for yourselves and for your children." We adore You, Oh Christ, in the Mystery of the Carrying of the Cross. Let us pray, through the intercession of Mary, for acceptance of our trials with patience.

- **The Fifth Sorrowful Mystery is the Crucifixion:**

"Father, forgive them, for they do not know what they are doing. Dear woman, behold your son. Son, behold your mother." When it was the sixth hour, there was darkness over the whole earth until the ninth hour. Jesus cried out with a loud voice, "Father into your hands I commit My spirit." The veil of the temple was torn in two, from the top to the bottom. And the centurion, seeing what was done, glorified God, saying, "This man was the son of God!" We adore You, Oh Christ, in the Mystery of the Crucifixion. Let us pray, through the intercession of Mary, for the conversion of sinners.