

COME!

LET'S PRAY!

A LAYPERSON'S GUIDE

For Praying the

LITURGY OF THE HOURS

HOW-TO and WHEN-TO Pray the

Liturgy of the Hours in the

CHRISTIAN PRAYER BOOK.

Instructions made clear, simple and easy.

January, February, March

2010

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Heavenly Father,

Let this little guide be a key that will open the door to a unified prayer of praise, petition and thanksgiving to You for all who desire it.

PERSONAL MESSAGE

Hi!

The inspiration for this guide came about from my YES! To what I believe was a call from Our Lady to pray the Liturgy of the Hours on a Catholic radio station - RADIO MARIA

Being a layperson, the struggle I encountered was learning how and when to pray this Liturgy. My strong desire was to remove any obstacle to praying this prayer with ease, and attaining the joy that results from it has led me, through the grace of the Holy Spirit, to work through and develop this guide.

I lift up this work in praise and thanksgiving, and I encourage and invite you to join me.

Your friend,

Glenda Mathers

Your questions and comments regarding this guide will be deeply appreciated. Contact *RADIO MARIA*, info@radiomaria.us, 601 Washington St., Alexandria, LA 71301

ORDER OF THE LITURGY

Morning Prayer

Opening:
God, come to my assistance
Lord, make haste to help me
Glory to Y
Hymn

Psalmody
Antiphon 1
Psalm 1
* *Glory to Y*
Psalm Prayer
Antiphon 1

Antiphon 2
Canticle
* *Glory to Y*
Antiphon 2

Antiphon 3
Psalm 2
* *Glory to Y*
Psalm Prayer
Antiphon 3

Reading
***The Word of the Lord*
Responsory

Canticle of Zechariah
Antiphon
Canticle B *Blessed be the Lord Y*
* *Glory to Y*
Antiphon

Intercessions
Intercessions
Our Father
Concluding Prayer
Dismissal

Daytime Prayer

Opening:
God, come to my assistance
Lord, make haste to help me
Glory to Y
Hymn

Psalmody
Antiphon 1
Psalm 1
* *Glory to Y*
Psalm Prayer
Antiphon 1

Antiphon 2
Psalm 2
* *Glory to Y*
Psalm Prayer
Antiphon 2

Antiphon 3
Psalm 3
* *Glory to Y*
Psalm Prayer
Antiphon 3

Midday Reading
***The Word of the Lord*
Prayer

Conclusion

NOTE: Invitatory (located *before Morning Prayer*) Recite this prayer before you begin the first hour of prayer.
.See instructions on page 686.

Evening Prayer

Opening:

God, come to my assistance

Lord, make haste to help me

** Glory to Y*

Hymn

Psalmody

Antiphon 1

Psalm 1

**Glory to Y*

Psalm Prayer

Antiphon 1

Antiphon 2

Psalm 2

** Glory to Y*

Psalm Prayer

Antiphon 2

Antiphon 3

Canticle

**Glory to Y*

Antiphon 3

Reading

***The Word of the Lord*

Responsory

Y

Canticle of Mary

Antiphon

Canticle B *My soul proclaims...*

**Glory to Y*

Antiphon

Intercessions

Our Father...

Concluding Prayer

Dismissal

Night Prayer

Opening:

God, come to my assistance

Lord, make haste to help me

**Glory to Y*

*(Brief Examination of conscience
may be made)*

Hymn

Psalmody

Antiphon 1

Psalm 1

**Glory to...*

Antiphon 1

Antiphon 2

Psalm 2

**Glory to...*

Antiphon 2

Reading

***The Word of the Lord...*

Responsory

Antiphon

Gospel Canticle

**Glory to Y*

Antiphon

Prayer

Conclusion

Antiphon of the Blessed

Virgin Mary (as on pg. 1056)

SETTING UP YOUR BOOK

It is important to SET UP YOUR BOOK in advance.

To learn the order of the liturgy, it helps to always use the same color ribbon. Example:

Purple - Hymns (found in the back of your book)

Red B Antiphons

White - Psalms & Canticle

Gold B Reading

Green B Proper of Saints

You are now set up to pray from color to color in the **Order** of the liturgy.

Setting up your book this way each day will eliminate much confusion and better prepare you to pray.

NOTE: On the days of choice, (weekday or Saints),
I have chosen the Saint.

Abbreviations

MP - Morning Prayer

DP - Daytime Prayer

EP - Evening Prayer

NP - Night Prayer

Prayer B Prayer(s)

Concl. B Concluding; conclusion

Ant. -Antiphon

Zech. - Zechariah

Cant. B Canticle

page B page

Rem B Remaining

TIPS

1. The Responses after the Psalms and Canticle are NOT provided daily.

“Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen”

is said after each Psalm, (before the Psalm Prayer, if there is one) and after the Canticle. Turn to page 2 or 3 and look for the asterisk that indicates the response.

2. After the Reading B Response:

***The Word of the Lord,
Thanks be to God.*

3. For the Responsory: Only A *Glory to the Father, and to the Son and to the Holy Spirit* is said here;
NOT the complete prayer.

REGARDING THE CANTICLE OF ZECHARIAH and THE CANTICLE OF MARY (Gospel Canticle)

ONLY the canticle antiphons change daily. These antiphons are all you will see in your book.

This is how to pray:

1. CANTICLE OF ZECHARIAH
Antiphon
Canticle (page 691*) - *Blessed be the Lord...
Glory to the Father...and **will be forever**, Amen.*
Repeat same Antiphon
2. CANTICLE OF MARY
Antiphon
Canticle (page 696*) - *My soul proclaims...
Glory to the Father...and **will be forever**, Amen.*
Repeat same Antiphon

* These Canticle are also contained in the insert that comes with your book. (Common Text #1)

DISMISSAL for Morning Prayer (page 694) and Evening Prayer (page 698)

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

NOTE: In the Daytime Prayer (DP), I have chosen to pray the Midday Reading & Prayer (Page 994)

REMEMBER: The "General Principles@ on how to pray in the ***Christian Prayer Book*** begin on page 34.

JANUARY

1. Fri. MARY MOTHER OF GOD (SOL) 175
MP: Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 175
Hymn #80.

DP: Antiphons - page 1017
Psalms - page 1029
Midday Reading - page 1020
Prayer - page 177
Conclusion - page 1021
Hymn #73.

EP: Psalms & Canticle - page 1378
Antiphons & Remaining Prayers - page 178
Hymn #79.

NP: Page 1037.
2. Sat. STS. BASIL & GREGORY NAZIANZEN
(MEM) 1060
MP: Cant. of Zech. Ant. & Concl. Prayer - page 1060
Psalms & Canticle - page 770
Antiphons & Remaining Prayers - page 1426
Hymn #175.

DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #68.

EP: All prayers begin on page 207
Hymn #81.

NP: Page 1034.

JANUARY

3. **Sun. EPIPHANY (SOL) 211**
MP: Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 211
Hymn #3.

DP: Antiphons - page 994
Psalms - page 707
Midday Reading - page 997
Prayer - page 213
Conclusion - page 998
Hymn #11.

EP: All prayers begin on page 214
Hymn #81.

NP: Page 1037.
4. **Mon. ST. ELIZABETH ANN SETON (MEM) 1061**
MP: Concluding Prayer – page - 1061
Canticle of Zechariah – page 1470
Psalms & Canticle – page 792
Antiphons & Remaining Prayers – page 1463
Hymn #178.

DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #84.

EP: Concluding Prayer - page 1061
Canticle of Mary – page 1471
Psalms & Canticle - page 798
Antiphons & Remaining Prayers - page 1466
Hymn #182.

NP: Page 1041.

JANUARY

5. Tue. ST. JOHN NEUMAN (MEM) 1062
MP: Concluding Prayer – page 1062
Psalms & Canticle - page 802
Antiphons & Remaining Prayers – page 1426
Hymn #174.
- DP: Antiphons & Psalms – page 1003
Midday Reading & Prayer – page 1007
Conclusion – page 1008
Hymn - #3.
- EP: Concluding Prayer – page 1062
Psalms & Canticle - page 808
Antiphons & Remaining Prayers - page 1430
Hymn #140.
- NP: Page 1044.
6. Wed. WEDNESDAY AFTER EPIPHANY
MP: Antiphons, Psalms & Canticle – page 812
Reading & Remaining Prayers – page 225
Hymn #81.
- DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #3.
- EP: Antiphons, Psalms & Canticle – page 818
Reading & Remaining Prayers - page 226
Hymn #84.
- NP: Page 1046.

JANUARY

7. Thur. ST. RAYMOND OF PENAFORT 1063
MP: Concluding Prayer – page 1063
Psalms & Canticle – page 707
Antiphons & Remaining Prayers – page 1426
Hymn #174.
- DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion - page 1016
Hymn #11.
- EP: Concluding Prayer - page 1063
Antiphons & Remaining Prayers – page 1430
Hymn #140.
- NP: Page 1049.
8. Fri. FRIDAY AFTER EPIPHANY
MP: Antiphons, Psalms & Canticle - page 835
Reading & Remaining Prayers - page 231
Hymn #11.
- DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #3.
- EP: Antiphons, Psalms & Canticle - page 841
Reading & Remaining Prayers - page 233
Hymn #84.
- NP: Page 1052.

JANUARY

9. Sat. **SATURDAY AFTER EPIPHANY**
MP: Antiphons, Psalms & Canticle B page 845
Reading & Remaining Prayers B page 235
Hymn #81.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #11
- EP: Psalms & Canticle - 207
Antiphons & Remaining Prayers - page 237
Hymn #84.
- NP: Page 1034.
- 10. Sun. BAPTISM OF THE LORD 239**
- MP: Psalms & Canticle - 707
Antiphons & Remaining Prayers - page 239
Hymn #83.
- DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #82.
- EP: Psalms & Canticle - 214
Antiphons & Remaining Prayers - page 242
Hymn #84.
- NP: Page 1037.

JANUARY

11. Mon. MONDAY - 1ST WEEK IN ORDINARY TIME
MP: All prayers begin on page 718
Hymn #2.
DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #24.
EP: All prayers begin on page 723
Hymn #3.
NP: Page 1041.
12. Tue. TUESDAY – 1ST WEEK IN ORDINARY TIME
MP: All prayers begin on page 728
Hymn #4.
DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #25.
EP: All prayers begin on page 734
Hymn #33.
NP: Page 1044.

JANUARY

13. Wed. ST. HILARY 1063

MP: Concluding Prayer - page 1064

Psalms & Canticle - page 707

Antiphons & Remaining Prayers - page 1426

Hymn #174.

DP: Antiphons & Psalms - page 1008

Midday Reading & Prayer - page 1011

Conclusion - page 1012

Hymn #26.

EP: Concluding Prayer – page 1064

Antiphons & Remaining Prayers – page 1430

Hymn #140.

NP: Page 1046.

14. Thur. THURSDAY – 1ST WEEK IN ORDINARY TIME

MP: All prayers begin on page 748

Hymn #6.

DP: Antiphons & Psalms - page 1012

Midday Reading - page 1015

Prayer & Conclusion - page 1016

Hymn #27.

EP: All prayers begin on page 754

Hymn #37.

NP: Page 1049.

JANUARY

15. Fri. FRIDAY - 1ST WEEK IN ORDINARY TIME
MP: All prayers begin on page 759
Hymn #8.
DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #24.
EP: All prayers begin on page 765
Hymn #32.
NP: Page 1052.
16. Sat. BLESSED VIRGIN MARY ON SAT. 1383
MP: Antiphons, Psalms & Canticle - page 770
Reading & Remaining Prayers - page 1383
Hymn #161.
DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #25.
EP: Canti. of Mary Ant. & Concl. Payer. - page 246
Antiphons & Remaining Prayers - page 775
Hymn #39.
NP: Page 1034.

JANUARY

17. Sun. 2ND SUNDAY IN ORDINARY TIME 246

MP: Canti. of Zech. Ant. & Concl. Prayer - page 246
Antiphons & Remaining Prayers - page 780
Hymn #9.

DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #26.

EP: Canti. of Mary Anti. & Concl. Prayer - page 246
Antiphons & Remaining Prayers - page 786
Hymn #32.

NP: Page 1037.

18. Mon. MONDAY - 2ND WEEK IN ORDINARY TIME

MP: All prayers begin on page 792
Hymn #11.

DP: Antiphons & Psalms - page 998
Midday Reading & Prayer B page 1002
Conclusion - page 1003
Hymn #24.

EP: All prayers begin on page 798
Hymn #47.

NP: Page 1041.

JANUARY

19. Tue. TUESDAY - 2ND WEEK IN ORDINARY TIME

MP: All prayers begin on page 802

Hymn #12.

DP: Antiphons & Psalms - page 1003

Midday Reading & Prayer - page 1007

Conclusion - page 1008

Hymn #25.

EP: All prayers begin on page 807

Hymn #42.

NP: Page 1044.

20. Wed. ST. FABIAN (POPE) 1064

MP: Concluding Prayer – page 1065

Psalms & Canticle – page 707

Antiphons & Remaining Prayers – page 1414

Hymn #44.

DP: Antiphons & Psalms - page 1008

Midday Reading & Prayer - page 1011

Conclusion - page 1012

Hymn #26.

EP: Concluding Prayer - page 1065

Antiphons & Remaining Prayers B page 1418

Hymn #31.

NP: Page 1046.

JANUARY

21. Thur. ST. AGNES (MEM.) 1065
MP: Psalms & Canticle B page 707
Intercessions - page 1415
Antiphons & Remaining Prayers B page 1066
Hymn #170.
DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion - page 1016
Hymn #25.
EP: Concluding Prayer – page 1067
Psalms & Canticle – page 1418
Intercessions – page 1420
Antiphons & Remaining Prayers – page 1067
Hymn #173.
NP: Page 1049.
22. Fri. ST. VINCENT 1068
MP: Concluding Prayer - page 1068
Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 1414
Hymn #171.
DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #26.
EP: Concluding Prayer - page 1068
Antiphons & Remaining Prayers - page 1418
Hymn #172.
NP: Page 1052.

JANUARY

- 23 Sat. BLESSED VIRGIN MARY ON SAT. 1383
MP: Antiphons, Psalms & Canticle – page 845
Reading & Remaining Prayers – page 1383
Hymn #161.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #27.
- EP: Cant. of Mary Ant. & Concluding Prayer – page 247
Antiphons & Remaining Prayers – page 851
Hymn #32.
- NP: Page 1034.
24. Sun. **3RD SUNDAY IN ORDINARY TIME 247**
MP: Cant. of Zech. Ant. & Concl. Prayer - page 247
Antiphons & Remaining Prayers - page 856
Hymn #1.
- DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #25.
- EP: Cant. of Mary Ant. & Concl. Prayer - page 247
Antiphons & Remaining Prayers - page 861
Hymn #33.
- NP: Page 1037.

JANUARY

25. Mon. CONVERSION OF ST. PAUL 1069
MP: Psalms & Canticle – page 707
Antiphons & Remaining Prayers – page 1069
Hymn #169.
- DP: Antiphons & Psalms B page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #26.
- EP: Psalms & Canticle - page 1394
Antiphons & Remaining Prayers - page 1071
Hymn #168.
- NP: Page 1041.
26. Tue. STS. TIMOTHY AND TITUS (MEM) 1073
MP: Canti. of Zech. Ant. & Concl. Prayer – pg. 1073
Psalms & Canticle - page 877
Antiphons & Remaining Prayers - page 1426
Hymn #175.
- DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #27.
- EP: Concluding Prayer – page 1073
Canticle of Mary Antiphon - page 1074
Psalms & Canticle - page 882
Antiphons & Remaining Prayers B page 1430
Hymn #140.
- NP: Page 1044.

JANUARY

27. Wed. ST. ANGELA MERICI 1074
MP: Concluding Prayer – page 1074
Psalms & Canticle – page 707
Antiphons & Remaining Prayers – page 1441
Hymn #178.
- DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #24.
- EP: Concluding Prayer - page 1074
Antiphons & Remaining Prayers B page 1444
Hymn #182.
- NP: Page 1046.
28. Thur. ST. THOMAS AQUINAS 1075
MP: Canti. of Zech. Ant. & Concl. Prayer - page 1075
Psalms & Canticle - page 897
Intercessions - page 1427
Antiphons - page 1426
Reading & Remaining Prayers - page 1435
Hymn #176.
- DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion - page 1016
Hymn #25.
- EP: Canti. of Mary Ant. & Concl. Prayer - page 1075
Psalms & Canticle – page 902
Intercessions – page 1432
Antiphons – page 1430
Reading & Remaining Prayers - page 1436
Hymn #177.
- NP: Page 1049.

JANUARY

29. Fri. FRIDAY – 3RD WEEK IN ORDINARY TIME
MP: All prayers begin on page 906
Hymn #7.
- DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #26.
- EP: All prayers begin on page 911
Hymn #38.
- NP Page 1052.
30. Sat. BLESSED VIRGIN MARY ON SAT. 1383
MP: Antiphons, Psalms & Canticle – page 916
Reading & Remaining Prayers – page 1383
Hymn #157.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #27.
- EP: Cant. of Mary Ant. & Concl, Prayer – page 248
Antiphons & Remaining Prayers – page 921
Hymn #40.
- NP: Page 1034.

JANUARY

31. Sun. 4TH SUNDAY IN ORDINARY TIME 248

MP: Cant. of Zech. Ant. & Concl. Prayer- page 248
Antiphons & Remaining Prayers - page 926
Hymn #9.

DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #25.

EP: Cant. of Mary Ant. & Concl. Prayer - page
Antiphons & Remaining Prayers - page 931
Hymn #40.

NP: Page 1037.

FEBRUARY

1. Mon. MONDAY – 4TH WEEK IN ORDINARY TIME

MP: All prayers begin on page 937

Hymn #11.

DP: Antiphons & Psalms - page 998

Midday Reading & Prayer - page 1002

Conclusion - page 1003

Hymn #26.

EP: All prayers begin on page 942

Hymn #41.

NP: Page 1041.

2. Tue. PRESENTATION OF THE LORD 1081

MP: Psalms & Canticle - page 707

Antiphons & Remaining Prayers - page 1081

Hymn #3.

DP: Antiphons & Psalms - page 1003

Midday Reading & Prayer - page 1007

Conclusion - page 1008

Hymn #27.

EP: All prayers begin on page 1082

Hymn #144.

NP: Page 1044.

FEBRUARY

3. Wed. ST. BLASE 1086
 - MP: Concluding Prayer - page 1086
Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 1414
Hymn #170.
 - DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #24.
 - EP: Concluding Prayer - page 1086
Antiphons & Remaining Prayers - page 1418
Hymn #172.
 - NP: Page 1046.

4. Thur. THURSDAY - 4TH WEEK IN ORDINARY TIME
 - MP: All prayers begin on page 968
Hymn #15.
 - DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion - page 1016
Hymn #24.
 - EP: All prayers begin on page 973
Hymn #45.
 - NP: Page 1049.

FEBRUARY

5. Fri. ST. AGATHA (MEM) 1087
MP: Cant. of Zech. Ant. & Concl. Prayer- page 1088
Psalms & Canticle - page 978
Antiphons & Remaining Prayers - page 1414
Hymn #170.
- DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer- page 1020
Conclusion - page 1021
Hymn #25.
- EP: Cant. of Mary Ant. & Concl. Prayer - page 1088
Psalms & Canticle - page 984
Antiphons & Remaining Prayers - page 1418
Hymn #31.
- NP: Page 1052.
6. Sat. STS. PAUL MIKI & COMPS. (MEM) 1088
MP: Cant. of Zech. Ant. & Concl. Prayer - page 1089
Psalms & Canticle - page 989
Antiphons, & Remaining Prayers - page 1402
Hymn #171.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #26.
- EP: Cant. of Mary Ant. & Concl. Prayer - page 249
Antiphons & Remaining Prayers - page 701
Hymn #184.
- NP: Page 1034.

FEBRUARY

- 7. Sun. 5TH SUNDAY IN ORDINARY TIME 249**
MP: Cant. of Zech. Ant. & Concl. Prayer - page 249
Antiphons & Remaining Prayers - page 707
Hymn #1.
DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #27.
EP: Cant. of Mary Ant. & Concl. Prayer - page 249
Antiphons & Remaining Prayers - page 712
Hymn #33.
NP: Page 1037.
- 8. Mon. ST. JEROME EMILIANI 1089**
MP: Cant. of Zech Ant. & Concl. Prayer – page 1090
Psalms & Canticle – page 707
Antiphons & Remaining Prayers – page 1452
Hymn #183.
DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #24.
EP: Cant. of Mary Ant. & Concl. Prayer – page 1090
Antiphons & Remaining Prayers – page 1455
Hymn #181.
NP: Page 1041.

FEBRUARY

9. Tue. TUESDAY – 5TH WEEK IN ORDINARY TIME
MP: All prayers begin on page 728
Hymn #91.
DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008.
Hymn #25.
EP: All prayers begin on page 734
Hymn #35.
NP: Page 1044.
10. Wed. ST. SCHOLASTICA – VIRGIN (MEM) 1090
MP: Cant. of Zech. Ant. & Concl. Prayer - page 1091
Psalms & Canticle - page 739
Antiphons & Remaining Prayers - page 1441
Hymn #178.
DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #26.
EP: Cant. of Mary Ant. & Concl. Prayer - page 1091
Psalms & Canticle - page 743
Antiphons & Remaining Prayers - page 1444
Hymn #182.
NP: Page 1046

FEBRUARY

11. Thur. OUR LADY OF LOURDES 1091
MP: Concluding Prayer - page 1092
Canticle of Zechariah Antiphon - page 1091
Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 1372
Hymn #80.
- DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion - page 1016
Hymn #27.
- EP: Cant. of Mary Ant. & Concl. Prayer - page 1092
Antiphons & Remaining Prayers - page 1378
Hymn #164.
- NP: Page 1049.
12. Fri. FRIDAY - 5TH WEEK IN ORDINARY TIME
MP: All prayers begin on page 759
Hymn #7.
- DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #24.
- EP: All prayers begin on page 765
Hymn #38.
- NP: Page 1052.

FEBRUARY

13. Sat. BLESSED VIRGIN MARY ON SAT 1383
MP: Antiphons, Psalms & Canticle – page 770
Reading & Remaining Prayers – page 1383
Hymn #100.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #25.
- EP: Canti. of Mary & Concl. Prayer – page 250
Antiphons & Remaining Prayers – page 775
Hymn #33.
- NP: Page 1034.
14. Sun. **6TH SUNDAY IN ORDINARY TIME 250**
MP: Canti. of Zech. & Concl. Prayer – page 250
Antiphons & Remaining Prayers – page 780
Hymn #9.
- DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #26.
- EP: Concluding Prayer - page 250
Canticle of Mary Antiphon - page 251
Antiphons & Remaining Prayers - page 786
Hymn #32.
- NP: Page 1037.

FEBRUARY

15. Mon. MONDAY - 6TH WEEK IN ORDINARY TIME
MP: All prayers begin on page 792
Hymn #10.
- DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #27.
- EP: All prayers begin on page 798
Hymn #47.
- NP: Page 1041.
16. Tue. TUESDAY – 6TH WEEK IN ORDINARY TIME
MP: All prayers begin on page 802
Hymn #13.
- DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #24.
- EP: All prayers begin on page 807
Hymn #42.
- NP: Page 1044

FEBRUARY

17. Wed. ASH WEDNESDAY 255

MP: Antiphons, Psalms & Canticle - page 958
Reading & Remaining Prayers - page 255
Hymn #94.

DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #95.

EP: Antiphons, Psalms & Canticle - page 963
Reading & Remaining Prayers - page 256
Hymn #89.

NP: Page 1046.

18. Thur. THURSDAY AFTER ASH WEDNESDAY 258

MP: Antiphons, Psalms & Canticle - page 968
Reading & Remaining Prayers - page 258
Hymn #85.

DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion -page 1016
Hymn #86.

EP: Antiphons, Psalms & Canticle - page 973
Reading & Remaining Prayers - page 259
Hymn #87.

NP: Page 1049.

FEBRUARY

19. Fri. FRIDAY AFTER ASH WEDNESDAY 261
MP: Antiphons, Psalms & Canticle - page 978
Reading & Remaining Prayers - page 261
Hymn #89.
- DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion -page 1021
Hymn #92.
- EP: Antiphons, Psalms & Canticle - page 984
Reading & Remaining Prayers - page 262
Hymn #99.
- NP: Page 1052.
20. Sat. SATURDAY AFTER ASH WEDNESDAY 264
MP: Antiphons, Psalms & Canticle - page 988
Reading & Remaining Prayers - page 264
Hymn #96.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #86.
- EP: Psalms & Canticle - page 701
Antiphons & Remaining Prayers - page 266
Hymn #94.
- NP: Page 1034.

FEBRUARY

21. 1ST SUNDAY OF LENT 268

MP: Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 268
Hymn #88.

DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #53.

EP: Psalms & Canticle - page 712
Antiphons & Remaining Prayers - page 270
Hymn #95.

NP: Page 1037.

22. Mon. CHAIR OF ST. PETER 1095

MP: Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 1095
Hymn #169.

DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #90.

EP: Psalms & Canticle - page 1394
Antiphons & Remaining Prayers - page 1097
Hymn #168.

NP: Page 1041.

FEBRUARY

23. Tue. TUESDAY - 1ST WEEK OF LENT (ST. POLYCARP 1100)

MP: Canti. of Zech. Ant. & Concl. Prayer – page 1100
Antiphons, Psalms & Canticle - page 728
Reading & Remaining Prayers - page 275
Hymn #53.

DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #85.

EP: Cant. of Mary Ant. & Concl. Prayer – page 1100
Antiphons, Psalms & Canticle - page 734
Reading & Remaining Prayers - page 276
Hymn #96.

NP: Page 1044.

24. Wed. WEDNESDAY - 1ST WEEK OF LENT

MP: Antiphons, Psalms & Canticle - page 738
Reading & Remaining Prayers - page 278
Hymn #91.

DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #92.

EP: Antiphons, Psalms & Canticle - page 743
Reading & Remaining Prayers - page 280
Hymn #93.

NP: Page 1046.

FEBRUARY

25. Thur. THURSDAY - 1ST WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 748
Reading & Remaining Prayers - page 281
Hymn #94.
DP: Antiphons & Psalms - page 1012
Midday Reading- page 1015
Prayer & Conclusion - page 1016
Hymn #95.
EP: Antiphons, Psalms & Canticle - page 754
Reading & Remaining Prayers - page 283
Hymn #96.
NP: Page 1049.
26. Fri. FRIDAY - 1ST WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 759
Reading & Remaining Prayers - page 285
Hymn #97.
DP: Antiphons & Psalms - page 1017
Midday Reading- page 1020
Prayer & Conclusion - page 1021
Hymn #99.
EP: Antiphons, Psalms & Canticle - page 765
Reading & Remaining Prayers - page 286
Hymn #100.
NP: Page 1052.

FEBRUARY

27. Sat. **SATURDAY - 1ST WEEK OF LENT**
MP: Antiphons, Psalms & Canticle - page 770
Reading & Remaining Prayers - page 288
Hymn #89.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #53.
- EP: Psalms & Canticle - page 775
Antiphons & Remaining Prayers - page 290
Hymn #86.
- NP: Page 1034.
28. **Sun. 2ND SUNDAY OF LENT 292**
MP: Psalms & Canticle - page 781
Antiphons & Remaining Prayers - page 292
Hymn #88.
- DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #91.
- EP: Psalms & Canticle - page 787
Antiphons & Remaining Prayers - page 294
Hymn #96.
- NP: Page 1037.

MARCH

1. Mon. MONDAY - 2ND WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 793
Reading & Remaining Prayers - page 296
Hymn #86.

DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #85.

EP: Antiphons, Psalms & Canticle - page 798
Reading & Remaining Prayers - page 297
Hymn #87.

NP: Page 1041.
2. Tue. TUESDAY - 2ND WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 802
Reading & Remaining Prayers - page 299
Hymn #88.

DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #89.

EP: Antiphons, Psalms & Canticle - page 808
Reading & Remaining Prayers - page 301
Hymn #100.

NP: Page 1044.

MARCH

3. Wed. WEDNESDAY - 2ND WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 812
Reading & Remaining Prayers - page 302
Hymn # 53.
- DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #93.
- EP: Antiphons, Psalms & Canticle - page 818
Reading & Remaining Prayers - page 304
Hymn #99.
- NP: Page 1046.
- 4 Thur. THURSDAY - 2ND WEEK OF LENT
(ST. CASIMIR 1101)
- MP: Canti. of Zech. Ant. & Concl. Prayer – page 1101
Antiphons, Psalms & Canticle - page 824
Reading & Remaining Prayers - page 306
Hymn #94.
- DP: Antiphons & Psalms - page 1012
Midday Reading- page 1015
Prayer & Conclusion - page 1016
Hymn #95.
- EP: Canti. of Mary Ant. & Concl. Prayer – page 1101
Antiphons, Psalms & Canticle - page 830
Reading & Remaining Prayers - page 307
Hymn #96.
- NP: Page 1049.

MARCH

5. Fri. FRIDAY - 2ND WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 835
Reading & Remaining Prayers - page 309
Hymn #97.
DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #99.
EP: Antiphons, Psalms & Canticle - page 841
Reading & Remaining Prayers - page 310
Hymn #100.
NP: Page 1052.
6. Sat. SATURDAY - 2ND WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 845
Reading & Remaining Prayers - page 312
Hymn #53.
DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #85.
EP: Psalms & Canticle - page 851
Antiphons & Remaining Prayers - page 314
Hymn # 96.
NP: Page 1034.

MARCH

7. **Sun. SUNDAY - 3RD SUNDAY OF LENT 316**
MP: Psalms & Canticle - page 856
Antiphons & Remaining Prayers - page 316
Hymn #88.
- DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #89.
- EP: Psalms & Canticle - page 862
Antiphons & Remaining Prayers - page 318
Hymn #96.
- NP: Page 1037.
8. **Mon. MONDAY - 3RD WEEK OF LENT**
(ST. JOHN OF GOD 1103)
- MP: Canti. of Zech. Ant. & Concl. Prayer – page 1103
Antiphons, Psalms & Canticle - page 867
Reading & Remaining Prayers - page 320
Hymn #53.
- DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #85.
- EP: Canti. of Mary Ant. & Concl. Prayer – page 1103
Antiphons, Psalms & Canticle - page 872
Reading & Remaining Prayers - page 322
Hymn #94.
- NP: Page 1041.

MARCH

9. Tue. TUESDAY - 3RD WEEK OF LENT
(ST.FRANCES OF ROME) 1104
MP: Canti. of Zech. Ant. & Concl. Pr. - page 1104
Antiphons, Psalms & Canticle - page 877
Reading & Remaining Prayers - page 323
Hymn #97.
DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #89.
EP: Canti. of Mary Ant. & Concl. Prayer – page 1104
Antiphons, Psalms & Canticle - page 882
Reading & Remaining Prayers - page 324
Hymn #100.
NP: Page 1044.
10. Wed. WEDNESDAY - 3RD WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 886
Reading & Remaining Prayers - page 326
Hymn #87.
DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #88.
EP: Antiphons, Psalms & Canticle - page 892
Reading & Remaining Prayers - page 328
Hymn #89.
NP: Page 1046

MARCH

11. Thur. THURSDAY – 3RD WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 897
Reading & Remaining Prayers - page 329
Hymn #90.
- DP: Antiphons & Psalms - page 1012
Midday Reading - page 1015
Prayer & Conclusion - Page 1016
Hymn #91.
- EP: Antiphons Psalms & Canticle - page 902
Reading & Remaining Prayers - page 331
Hymn #92.
- NP: Page 1049.
12. Fri. FRIDAY - 3RD WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 906
Reading & Remaining Prayers - page 332
Hymn #93.
- DP: Antiphons & Psalms - page 1017
Midday Reading & Prayer - page 1020
Conclusion - page 1021
Hymn #94.
- EP: Antiphons, Psalms & Canticle - page 911
Reading & Remaining Prayers - page 334
Hymn #95.
- NP: Page 1052.

MARCH

13. Sat. SATURDAY - 3RD WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 916
Reading & Remaining Prayers - page 335
Hymn #99.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #97.
- EP: Psalms & Canticle - page 921
Antiphons & Remaining Prayers - page 338
Hymn #96.
- NP: Page 1034.
14. Sun. 4TH SUNDAY OF LENT 340
MP: Psalms & Canticle - page 926
Antiphons & Remaining Prayers - page 340
Hymn #88.
- DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #90.
- EP: Psalms & Canticle - page 931
Antiphons & Remaining Prayers - page 342
Hymn #96.
- NP: Page 1037.

MARCH

15. Mon. MONDAY - 4TH WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 937
Reading & Remaining Prayers - page 344
Hymn #53.
- DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #85.
- EP: Antiphons, Psalms & Canticle - page 942
Reading & Remaining Prayers - page 346
Hymn #86.
- NP: Page 1041.
16. Tue. TUESDAY - 4TH WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 947
Reading & Remaining Prayers - page 347
Hymn #87.
- DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #88.
- EP: Antiphons, Psalms & Canticle – page 953
Reading & Remaining Prayers – page 349
Hymn #89
- NP: Page 1044.

MARCH

17. Wed WEDNESDAY – 4TH WEEK OF LENT
(ST. PATRICK 1105)
- MP: Canti. of Zech. Ant. & Concl. Pr. - page 1105
Antiphons, Psalms & Canticle - page 958
Reading & Remaining Prayers - page 351
Hymn #90.
- DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #91.
- EP: Canti. of Mary Ant. & Concl. Prayer – page 1105
Antiphons, Psalms & Canticle - page 963
Reading & Remaining Prayers - page 352
Hymn #92.
- NP: Page 1046.
18. Thur. THURSDAY - 4TH WEEK OF LENT
(ST. CYRIL OF JERUSALEM 1106)
- MP: Canti. of Zech. Ant. & Concl. Pr. - page 1106
Antiphons, Psalms & Canticle - page 968
Reading & Remaining Prayers - page 354
Hymn #93.
- DP: Antiphons & Psalms - page 1012
Midday Reading- page 1015
Prayer & Conclusion - page 1016
Hymn #94.
- EP Psalms & Canticle - page 1448
Antiphons & Remaining Prayers - page 1107
Hymn #145.
- NP: Page 1034.

MARCH

19. Fri. ST. JOSEPH, HUSBAND OF MARY (SOL) 1109
MP: Psalms & Canticle - page 707
Antiphons & Remaining Prayers - page 1109
Hymn #78.
- DP: Antiphons - page 1017
Psalms – page 1029
Midday Reading - page 1020
Prayer – page 1110
Conclusion - page 1021
Hymn #78.
- EP: Psalms & Canticle - page 1456
Antiphons & Remaining Prayers - page 1111
Hymn #145.
- NP: Page 1037.
20. Sat. SATURDAY - 4TH WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 989
Reading & Remaining Prayers -page 360
Hymn #100.
- DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #53.
- EP: Psalms & Canticle - page 701
Antiphons & Remaining Prayers - page 362
Hymn #86.
- NP: Page 1034.

MARCH

21. Sun. 5TH SUNDAY OF LENT 364

MP: Psalms & Canticle - page 707

Antiphons & Remaining Prayers - page 364
Hymn #92.

DP: Antiphons & Psalms - page 994

Midday Reading & Prayer - page 997

Conclusion - page 998

Hymn #53.

EP: Psalms & Canticle - page 712

Antiphons & Remaining Prayers - page 366

Hymn #96.

NP: Page 1037.

22. Mon. MONDAY - 5TH WEEK OF LENT

MP: Antiphons, Psalms & Canticle - page 718

Reading & Remaining Prayers - page 368

Hymn #87.

DP: Antiphons & Psalms - page 998

Midday Reading & Prayer - page 1002

Conclusion - page 1003

Hymn #97.

EP: Antiphons, Psalms & Canticle - page 723

Reading & Remaining Prayers - page 369

Hymn #104.

NP: Page 1041.

MARCH

23. Tue. TUESDAY - 5TH WEEK OF LENT
(ST. TURIBIUS de MOGROVEJO 1113)
MP: Canti. of Zech. Ant. & Concl. Pr. - page 1113
Antiphons, Psalms & Canticle - page 728
Reading & Remaining Prayers - page 371
Hymn #111.
- DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #87.
- EP: Canti. of Mary Ant. & Concl. Prayer – page 1113
Antiphons, Psalms & Canticle - page 734
Reading & Remaining Prayers - page 372
Hymn #92.
- NP: Page 1044.
24. Wed. WEDNESDAY - 5TH WEEK OF LENT
MP: Antiphons, Psalms & Canticle - page 739
Reading & Remaining Prayers - page 374
Hymn #97.
- DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #104.
- EP: All prayers begin on page 1114
Hymn #159.
- NP: Page 1034.

MARCH

25. Thur. ANNUNCIATION OF THE LORD (SOL) 1118

MP: Psalms & Canticle - page 707

Antiphons & Remaining Prayers - page 1118

Hymn #160.

DP: Antiphons - page 1012

Psalms - page 1029

Midday Reading - page 1015

Prayer - page 1119

Conclusion - page 1016

Hymn #161.

EP: All prayers begin on page 1120

Hymn #159.

NP: Page 1037.

26 Fri. FRIDAY - 5TH WEEK OF LENT

MP: Antiphons, Psalms & Canticle - page 760

Reading & Remaining Prayers - page 380

Hymn #111.

DP: Antiphons & Psalms - page 1017

Midday Reading & Prayer - page 1020

Conclusion - page 1021

Hymn #87.

EP: Antiphons, Psalms & Canticle - page 765

Reading & Remaining Prayers - page 382

Hymn #92.

NP: Page 1052.

MARCH

27. Sat. **SATURDAY - 5TH WEEK OF LENT**
MP: Antiphons, Psalms & Canticle - page 770
Reading & Remaining Prayers - page 383
Hymn #97.
DP: Antiphons & Psalms - page 1022
Midday Reading & Prayer - page 1025
Conclusion - page 1026
Hymn #104.
EP: Psalms & Canticle - page 775
Antiphons & Remaining Prayers - page 386
Hymn #39.
NP: Page 1034
28. **Sun. PASSION SUNDAY (PALM SUNDAY) 388**
MP: Psalms & Canticle - page 781
Antiphons & Remaining Prayers - page 388
Hymn #103.
DP: Antiphons & Psalms - page 994
Midday Reading & Prayer - page 997
Conclusion - page 998
Hymn #59.
EP: Psalms & Canticle - page 787
Antiphons & Remaining Prayers - page 390
Hymn #104.
NP: Page 1037.

MARCH

29. Mon. MONDAY OF HOLY WEEK
MP: Psalms & Canticle - page 793
Antiphons & Remaining Prayers - page 393
Hymn #109.
DP: Antiphons & Psalms - page 998
Midday Reading & Prayer - page 1002
Conclusion - page 1003
Hymn #111.
EP: Psalms & Canticle - page 798
Antiphons & Remaining Prayers - page 395
Hymn #97.
NP: Page 1041.
30. Tue. TUESDAY OF HOLY WEEK
MP: Psalms & Canticle - page 802
Antiphons & Remaining Prayers - page 397
Hymn #92.
DP: Antiphons & Psalms - page 1003
Midday Reading & Prayer - page 1007
Conclusion - page 1008
Hymn #110.
EP: Psalms & Canticle - page 808
Antiphons & Remaining Prayers - page 398
Hymn #106.
NP: Page 1044.

MARCH

31. Wed. WEDNESDAY OF HOLY WEEK
- MP: Psalms & Canticle - page 812
Antiphons & Remaining Prayers - page 400
Hymn #87.
- DP: Antiphons & Psalms - page 1008
Midday Reading & Prayer - page 1011
Conclusion - page 1012
Hymn #92.
- EP: Psalms & Canticle - page 819
Antiphons & Remaining Prayers - page 402
Hymn #104.
- NP: Page 1046.

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