



# RADIO MARIA

A Newsletter for Radio Maria USA – National

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Radio Maria USA

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## Lent: the time for conversion

In the same way that the ancient people of Israel marched for forty years through the desert to enter the Promised Land; the Church, the New People of God, is preparing to live and celebrate the Resurrection of the Lord.

Over the course of forty days we are preparing to welcome ever more deeply into our lives the central mystery of our faith. This special time of preparation for the Passover, we call . . . Lent.

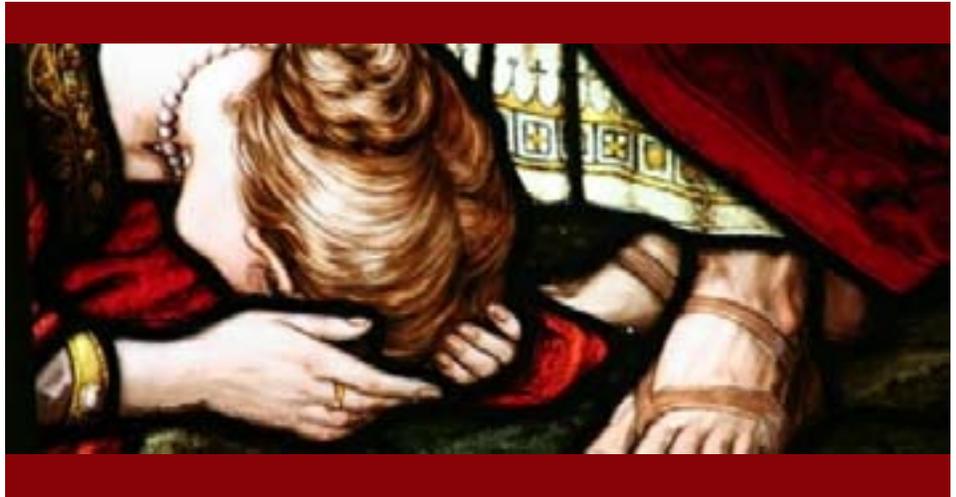
Indeed, Lent is not an old residue of antiquated ascetic practices. Nor is it a depressing and sad time. It is a special moment of purification, in order to participate more fully in the Paschal Mystery of the Lord (Rom 8:17).

### Conversion Time

Lent is a privileged time to walk the path of conversion. This way means to cooperate with grace to kill the old man who acts in us. It is a question of breaking with the sin that dwells in our hearts, away from all that separates us from the Plan of God and consequently from our happiness and personal fulfillment.

In fact, the Christian life is nothing more than echoing in the very existence of that baptismal dynamism that sealed us forever: to die to sin to be born to a new life in Jesus, the Son of Mary (Jn 12,24).

This is the option of the Chris-



tian: the coherent and committed radical option, from our own freedom, which leads us to encounter Him who is the Way, the Truth and the Life (Jn 14,6); Encounter that makes us truly free, manifests the fullness of our humanity.

All this implies a true interior renewal, to put in our hearts the figure of the Lord Jesus. In the words of Paul VI: "We can only come to the Kingdom of Christ through metanoia, that is, of that intimate change of the whole man - his way of thinking, judging and acting - driven by holiness and love of God, just as this love in Christ has been manifested to us and has been given to us in the final stage of history. "

This is the great adventure of being a Christian, to which every son of Mary is invited. A path that is not free from difficulties and stumbling blocks, but it is worthwhile to

undertake, for only then does man find an answer to his deepest longings, and finds his own happiness.

In this way, that we are prepared to welcome the Paschal Mystery of the Lord, the Mother can not be absent. Mary is present during Lent, but she is silent, hidden without making notice, as a premise and model of the attitude that we must disappear.

### Lent at Radio Maria

During this time of Lent, it is the same Lord Jesus who points us to His Mother. He proposes to us as a perfect model of acceptance of the Word of God. Mary is truly blessed because she hears the Word of God and fulfills it (Lk 11:28).

Father Emilio Garreaud  
Priest Director of Radio Maria





Greetings from Radio Maria!

I hope that as you read this letter, you are sitting in the comfort of your home and feeling health, wealth, and peace!

Wouldn't that be great if all of us were in that exact situation -- healthy, wealthy, and at peace!

The truth is that most of us are not in that situation. As a priest I get requests for prayers for the sick many times a day. As priest director of Radio Maria, I hear the people calling in who are in desperate need of prayers to find a job, to pay their bills, or to find peace in their troubled families.

What a blessing that we have Radio Maria to give them hope! What a blessing to know that, in the midst of their troubles, people find hope in prayer and hope in Radio Maria!

This Lent, I ask you to pray for those less fortunate than you. Pray that all those listening to Radio Maria can find hope, healing, and peace through our programs, daily Mass, and the Rosary.

And then I ask you to consider helping us to continue to bring Our Lady's message of hope, healing, and peace to all of our listeners. Please consider any donation to Radio Maria, large or small, as part of your Lenten journey. Even just a little would go a long way to helping those who need a comforting voice.

I will keep you all in my prayers as I celebrate Mass during the Lenten season. I know Our Lady holds you all close to heart as well.

May you all have a prayerful Lenten journey!

Father Emilio Garraud  
Priest Director of Radio Maria US



A novena was prayed during the Marathon with Mass and nine hours of Eucharistic

### February 2, 2017 Message to Mirjana

"Dear children, you who are striving to offer every day of your life to my Son, you who are trying to live with Him, you who are praying and sacrificing - you are hope in this peaceless world. You are rays of the light of my Son, a living gospel, and you are my beloved apostles of love. My Son is with you. He is with those who think of Him - those who pray. But in the same way, He is patiently waiting for those who do not know Him. Therefore, you, apostles of my love, pray with the heart and with your works show the love of my Son. This is the only hope for you, and this is also the only way to eternal life. I, as a mother, I am here



with you. Your prayers directed to me are the most beautiful roses of love for me. I cannot but be where I sense the scent of roses. There is hope. Thank you."

Note: These messages are not yet recognized by the Catholic Church as having a supernatural origin.

### March 19 The Feast of St. Joseph

Pope Francis said during a Feb. 10 conference that he often "writes notes" to St. Joseph about his concerns and places them before the statue in his bedroom. He said he always feels at peace despite the heavy burdens he faces in his papacy.

This month, in honor of the foster parent of Jesus, we will be praying a novena to St. Joseph on the air at Radio Maria several times a day.

Join us on Radio Maria beginning Saturday, March 11 and ending on Sunday, March 19 as we pray daily the novena to St. Joseph.

We invite each supporter of Radio Maria to "Ite ad Joseph" -- go to Joseph in prayer during the novena -- and we pray that our lis-



teners will join us at daily Mass at 8 a.m., or one of the Rosaries prayed five times during the day.

Like Pope Francis, consider putting a note under a statue of St. Joseph in your home during the novena. "Ite ad Joseph"

### Radio Maria USA

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Radio Maria Frequencies  
580 AM -- Alexandria, LA  
1360 AM -- New Iberia, LA  
89.7 FM -- Natchitoches, LA  
91.1FM -- Lake Charles, LA  
1600 AM -- Springfield, OH  
103.3 FM -- Dayton/Springfield, OH  
88.7 FM -- Anna, OH  
88.1 FM -- D'Iberville, MS  
1250 AM -- Port Arthur, TX  
88.1 FM -- Hollidaysburg, PA  
91.3 FM -- Peshtigo, WI  
91.9 FM HD3 -- Miami, FL

Listen Online at radiomaria.us  
Radio Maria App available on website

Radio Maria was born as a parish radio in 1983 in the Diocese of Milan, Italy. Its purpose was to keep parishioners informed and to help them through prayer, the daily Mass and the Rosary. Radio Maria began broadcasting from its first English-speaking station



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Father Keith Landry, John Tuminello, and Father Emilio Garraud



Shellie Slocum, Denis Smith, Herb Jacobsen, and Renee ???



Terry Picot, Father Emilio Garraud, Mike Daigle



Father Keith Landry, John Tuminello, and Father Emilio Garraud

## Southern region volunteers meet to brainstorm ideas

Radio Maria volunteers from the New Iberia, Lake Charles, and Alexandria area met Feb. 4 at the Holy Trinity Resource Center in Lafayette, Louisiana to discuss fundraising ideas.

Father Keith Landry, priest volunteer for New Iberia; Father Emilio Garraud, national priest director for Radio Maria; and John Tuminello, board member, met with volunteers to discuss ways to fundraise and expand the listener base.

"Radio Maria receives most of its funding from the monthly donors and from the pledges made during the Fall and Spring Mariathons," said Father Emilio. "But we have to look at other ways for each listener area to support itself. We come to you today to ask for your ideas and your suggestions on how we can do this."

Father Emilio said he was pleased with the ideas and enthusiasm from the volunteers.

"Our volunteers are the root of our success of Radio Maria," he said. "Without them, we could not exist. I want to thank all of the volunteers in the Southern region who have been with us from Day 1 -- always with us, -- always persever-

ing. Our Lady also thanks you for your service to her mission of evangelization."

If you were unable to attend the meeting and you have some ideas or suggestions for fundraisers, or if you wish to volunteer for Radio Maria, please call Kyle Rodriguez, director of marketing, at 318-----

**RADIO MARIA**  
Vehicle Donation  
Donate Your Car And Help Support Radio Maria  
Fast, Easy and Free  
Click The Car Or Call 877-999-8322 For More

## New Programs

### Good Night, Good Day

Hosted by Marta Vargas  
Fridays: 5 p.m. (CST), 6 pm. (EST)

Radio Maria has a new program on Fridays titled Good Night, Good Day, hosted by Marta Vargas. In her 1-hour program, Vargas hopes to help us discover that our greatest passion is to simply share God's love and hope and how we can be an instrument of peace and unity.



Marta Vargas

Marta is a singer, songwriter and speaker, born and raised in San Juan, Puerto Rico. She currently works in corporate sales. Prior to

that, she worked 10 years for the Archdiocese of Miami in various ministries. During her time there, she served as blogger, TV Mass cantor, and producer/host for two radio programs. She continues to serve the Archdiocese of Miami in several lay ministries.

Join us on Fridays, at 5 p.m. Central 6 p.m. Eastern, for Good Night, Good Day.

### Vigilant Heart

Hosted by Annie Karto  
Mondays: 6 p.m. (CST) 7 pm. (EST)

Annie Karto, host of a former RM program Holy Daring, is back on Radio Maria with a new program Vigilant Heart. Vigilant Heart, will focus on having our hearts ready to receive the Lord on a daily basis,



Annie Karto

and fine tuning our hearing for the Holy Spirit to guide us. Annie is an award winning Catholic singer/songwriter and inspirational speaker. Called the "Catholic Joan Baez" by her contemporaries, Annie has traveled the country extensively these past 15 years, her ministry taking her to Europe, New Zealand, Rwanda, Africa, Guatemala, and Trinidad. Annie weaves her songs in and out of her testimonies.

Tune in for Vigilant Heart, on Mondays, at 6 p.m. Central/7 p.m. Eastern, and let Annie offer us ways to uplift and heal our souls.

## Returning Programs

### Beyond the Veil

Hosted by Fr. Thomas J. Loya  
Tuesdays: 10 a.m.(CST) 11 a.m.(EST)

Father Thomas J. Loya is returning to Radio Maria with his popular program, **Beyond the Veil**, a program about Eastern Catholic spirituality.

Fr. Loya is currently the pastor of Annunciation of the Mother of God Byzantine Catholic Parish in Homer Glen, Illinois. Before entering the seminary, he earned a BFA degree from the Cleveland Institute of Art and pursued a career in



Father Loya

commercial art and design. He attended the North American Pontifical College in Rome and earned an STB from the Angelicum University in Rome. He was ordained in 1982.

Fr. Loya has served the Church in youth and young adult ministry, as well as an artist and design consultant. He has directed many retreats and has been a guest speaker at several conventions including World Youth Day 2002.

Tune in on Tuesdays, at 10 a.m. Central/11 a.m. Eastern for **Beyond the Veil**, with Father Loya.

### Understanding Scrupulosity

Hosted by Father Thomas Santa  
Thursdays: 10 am(CST), 1 am.(EST)

Fr. Thomas M. Santa is also returning to Radio with his popular



Father Santa

program, **Understanding Scrupulosity**. The program discusses the topic of scrupulosity -- a condition characterized by pathological guilt about moral or religious issues.

He is the priest director of the *Scrupulous Anonymous* newsletter, and has more than 20 years of experience ministering to people with scrupulosity, and offers retreats and workshops on scrupulosity.

Turn in on Thursdays at 10 a.m. Central/11 a.m. Eastern to learn more about understanding scrupulosity with Father Santa.

## Help Support Radio Maria

Radio Maria is 100% listener supported. It is through your prayers and donations that Radio Maria is able to bring orthodox Catholic programming to the world, day in and day out. Please prayerfully consider making a contribution to help keep Our Lady's radio on the air.



No donation is too large or small.  
To make a donation to Radio Maria,  
**Call toll free 1-888-408-0201**

or

**Mail to:**  
**Radio Maria**  
**601 Washington Street**  
**Alexandria, LA 71301**

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