



RADIO MARIA

A Newsletter for Radio Maria USA

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Radio Maria USA

February/March 2022

Let God's grace transform us this Lent!

This year on March 2, believers all over the world will participate in Ash Wednesday, commencing the start of Lent.

The word Lent derives from the Middle English word *lencten*, meaning springtime – the time of lengthening days. Lent spans 40 days.

Sundays in Lent are not counted in the forty days because each Sunday represents a “mini-Easter.” This is why you will see the designation “Sunday in Lent” rather than “Sunday of Lent” in the naming of these Sundays in liturgical publications.

On each Lord's Day in Lent, while Lenten fasts continue, the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection. Lent will conclude on April 14 at the Mass of the Lord's Supper, ushering in the Triduum and culminating in the Easter celebration.

The 40 days represent the time Jesus spent fasting in the wilderness. This precious time is given to us to first pause, and reduce the business and many distractions in our life. It is a time when God asks us to, be still and know that I AM God

(Ps 46:10). Too often, we spend our days in overdrive and dazed from an overextended lifestyle, without pausing to remember God's goodness in our life today at this very moment.

Jesus became one of us and lived our life in order to experience our death, so that he could break the power of death. He came to us as a baby; weak, small and helpless. He is the only man who was born to die; to enter creation with a human body that He could offer His Father on the Cross.

Continued on pg 2



January 25, 2022 Message to Marija

“Dear children!

Today I am calling you to return to personal prayer.

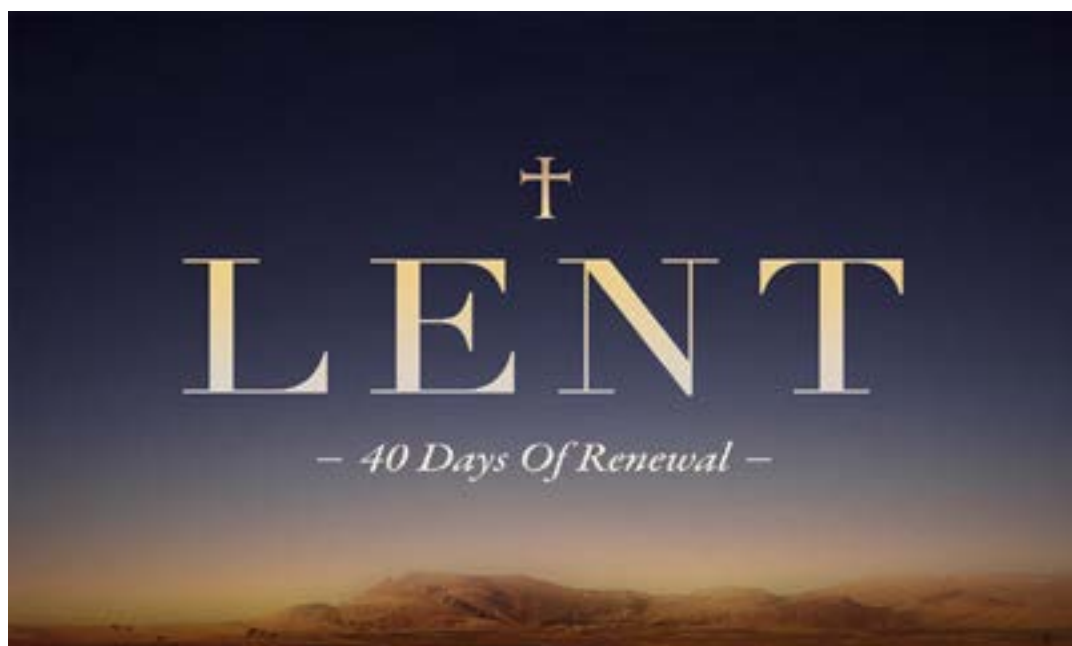
Little children, do not forget that Satan is strong and that he wants to attract all the more souls to himself.

That is why, you be vigilant in prayer and resolute in the good.

I am with you and am blessing all of you with my motherly blessing.

Thank you for having responded to my call.”

Note: These messages are not yet recognized by the Catholic Church as having a supernatural origin.



Let God's grace transform us!

Since therefore the children share in flesh and blood, he himself likewise partook of the same nature, that through death he might destroy him who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong bondage. (Hebrews 2:14-15). This is what we reflect upon and celebrate during the season of Lent.



Lent is a mini boot camp to fortify the Catholic in grace to enter into the most Holy Week of the year. This forty-day journey of self-reflection and self-denial prepares the believer for Holy Week - leading to Good Friday, Holy Saturday with the Easter Vigil, and Resurrection (Easter) Sunday. Throughout this period Christians are called to examine themselves as they remember the suffering and sacrifice of Jesus on their behalf.

It is also a time for setting aside our past sins and failures in light of the future hope of who we will become by God's grace - Saints! That is our first vocation; to become Saints of Jesus Christ. Accompanying this season of repentance is prayer, fasting, almsgiving and reflection.

On Ash Wednesday we're called to remember our mortality and express our need for God's mercy

and forgiveness. The person is marked with the sign of the cross on the forehead with ashes, and is called to remember that one day we will return to the dust from whence we came. It is only through the mercy of God in Jesus' Paschal mystery that we may now enter into eternal life by cooperating with His Divine grace.

Traditionally Lent is a season to take up a penance or refrain from something enjoyable, like alcohol, TV or sweets. But we can also add in new behaviors that would benefit our soul, like going to daily Mass, praying a rosary each night, or praying the Stations of the Cross on Fridays.

It's good to have a plan for doing. It's also good to have a plan for being - being aware of His presence.

From the Desk of Fr. Dan

Fr. Dan Reehil
National Priest Director
Radio Maria



How do I want to be during Lent this year? More quiet and thoughtful? More open to God's desires? Better able to sit with people who need me? More attentive to sacred readings, whether in church or in private? Do I need to become more courageous about using the gifts God has given me?

Living a good Lent cannot come from our sheer willpower, our fierce determination to convert. We are mortal beings. It will be our cooperation with God's grace that

transforms our souls, which then will transform our lives. The goal is to be so transformed that by Easter we will think like Jesus, act like Jesus, live like Jesus and love like Jesus.

As part of your Lenten observance of almsgiving, won't you consider supporting Radio Maria to keep the message of Jesus alive and flourishing in America.

Thank you for your support. May your Lent be blessed and filled with God's graces.



Lenten Mariathon March 7-12, 2022

8:30 a.m. - 6 p.m. Monday - Friday
8:30 a.m. - 2 p.m. Saturday

Listeners' Comments

• I can't thank you enough for the work that you do and your mission to share the word of Jesus Christ. It is very encouraging especially in these times. I do continue to pray for the staff of Radio Maria and when I earn extra income I enjoy sending it directly to Radio Maria. Please keep up the good work. -- David P.

• Thank you for letting us have a Christian voice in our home. I listen to many of your programs. Great! Theresa A., Brussels, WI

• Thank you for all the good that you do and the uplifting messages you share. Lori and Jim M, Centerville, Ohio

• I love you my Most Blessed

Mother Mary! Thank you for sending my patron saint, Bernadette, to me at the age of 6, when my precious grandmother and I watched together, the movie *The Song of Bernadette*. Now in these times of such darkness, I thank you our most Blessed Mother for my brothers and sisters in Christ at Radio Maria.

Please Father, bless Radio Maria so that our Mother's voice will continue to be heard in this most temporary life that we live in here on this earth. I love you Mother Mary. I love you St. Joseph. I love you my Lord. I love you my Father, my God Almighty! Please Father have mercy on us all and forgive us our sins! Blessings to all of my brothers and sisters in Christ! - KS, Gulfport, MS



World Family donates statue to Radio Maria

Fr. James Ferguson, rector at St. Francis Xavier Cathedral in Alexandria visited the Radio Maria studio Jan. 19 to bless the newly-acquired statue of St. Joseph.

World Family of Radio Maria in Italy donated the 24" wood-carved statue to the Alexandria studio in honor of the closing of the Year of St. Joseph that ended Dec. 8.

Radio Maria USA was one of the 85 stations around the world who received a statue.

It was placed on a table in the recording studio of the office.

Thank you World Family!



Program Schedule
Listen LIVE 24/7 at: radiomaria.us
Call-in Studio Line: 866-333-MARY (6279)

CENTRAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	EASTERN	
6:00AM	Full Rosary Pope John Paul II	Angelus, Holy Rosary with Various Bishops, Litany						7:00AM	
6:30AM		Food for the Journey, Sr. Ann Shields						Mary Queen of Peace Fr. John Fletcher	7:30AM
7:00AM		Morning Prayers & Holy Rosary						Morning Prayer & Holy Rosary	8:00AM
7:30AM	Morning Prayers	Morning Office of the Liturgy of the Hours (Lauds) and Preparation for Holy Mass						Lauds & Bishop Glen Provost	8:30AM
8:00AM	Healing Through the Mass Fr. Duane Stenzel	Sacrifice of the Holy Mass						Cross Roads Mark Newman	9:00AM
8:30AM	God's Word Alive: Sunday's Readings - Tom Webb	Living the Lectionary Various Presenters	Go to Joseph Katie Moran	St. Faustina's Diary Fr. John Fletcher		God's Word Alive and Active Tom Webb		9:30AM	
9:00AM	Sacrifice of the Holy Mass time varies by week	Battle Ready Fr. Dan Reehil						Homeschool Lifeline Katy Moran	10:00AM
10:00AM	The Catholic "Take" on Truth & Culture Fr. Peter Pilner	Jesus: the Promised Messiah of Judaism Roy Schoeman	Beyond the Veil Fr. Thomas Loya	Marian Apparitions Mary Pyper	The School of Mary (A Kindergarten of The Divine Will) Depalma	Aim High Fr. Jason Kulczynski / Medjugorje: Message of Hope for the World Ann Vucic	Carmelite Teresian Spirituality Dr. Patrick DiVietri	11:00AM	
11:00AM	Renewing Our Faith Dcn. Bill Brennan	Brokenhearted Dan Jurek	Quest for a Culture of Life in America Steve Koob	Hearty Recipes for Life and Love Francesca Franchina	The Flame of Love (1st, 3rd, 5th) Vicki McGrath / The Good News Hour: Personal Testimonies (2nd, 4th) Penny Antill	Pro-Life Activism from Creation to Death Jim Sellak	Learning to Live in God's Divine Will Fr. Joseph Iannuzzi	Noon	
Noon	Angelus, Middy Office of the Liturgy of the Hours & Holy Rosary								
12:30PM	God's Word Alive: Sunday's Readings - Tom Webb	Food for the Journey - Sr. Ann Shields / Vatican News						God's Word Alive and Active Tom Webb	1:20PM
1:00PM	Catholic Kaleidoscope Alyssa Borges	Beyond Fatima Katie Moran	Spirit and Truth Live Joe Patch	Faith and Sport John Acquaviva	Marian Studies & Spirituality Marian Library at UD	Faith and Finance Thomas Zordan	Divine Mercy Diary Fr. John O'Brien	2:00PM	
2:00PM	Companions on the Journey Mark Poldetrnow and Michael Norton	Sacred Treasures In The Church Kathie Deggan	Be Your Best As A Catholic Christian John Wright	A Light In The World Christine Rossi	Meet the Author Ken Huck	Catholic Classics Fr. Joseph Koterski	Jesus: the Promised Messiah of Judaism Roy Schoeman	3:00PM	
3:00PM	Chaplet of Divine Mercy, Holy Rosary, Music & Inspiration								
4:00PM	The Word of the Lord Florinda Iannace & Fr. Vincent Euk	Prayer Time Penny Antill	The School of Mary (A Kindergarten of The Divine Will) Depalma	Family Caregiving Dr. Warren Hebert	Prayer Time Fr. John O'Brien	Heroes of Faith Isaac Longworth Battle Ready Fr. Dan Reehil	Sacrifice of the Holy Mass	5:00PM	
5:00PM	Marian Apparitions Mary Pyper	Meet the Author Ken Huck	Gospel of Life: Pro-Life Issues Priests for Life	Homeschool Lifeline Katy Moran	Apologetics - Understanding Catholicism Jimmy Seghers	Good Night, Good Day Marta Varga	Beyond the Veil Fr. Thomas Loya	6:00PM	
6:00PM	The Catholic "Take" on Truth & Culture Fr. Peter Pilner	Vigilant Heart Annie Karlo	The Catholic "Take" on Truth & Culture Fr. Peter Pilner	The Joy of Discovery in Sacred Scripture Hal Fletcher	Putting Faith and Hope in Your Job Search Robin Brun	Mary, Mother and Queen of The Divine Will Cynthia Zack, Laura Riccardi and Brother Nicholas Riccardi	Vigilant Hearts Annie Karlo	7:00PM	
7:00PM	Liturgy of the Hours (Vespers) Holy Rosary, Litany	Liturgy of the Hours (Vespers), Holy Rosary, Vatican News						Liturgy of the Hours (Vespers), Holy Rosary, Litany	8:00PM
8:00PM	Renewing Our Faith Dcn. Bill Brennan	Faith and Sport John Acquaviva	Papal Encyclicals Fr. Vincent Euk	Your Health Dr. Domenico Mignone	Brokenhearted Dan Jurek	Wisdom From Pope Benedict XVI Fr. Joseph Koterski	Marian Apparitions Mary Pyper	9:00PM	
9:00PM	Faith and Finance Thomas Zordan	Gospel of Life Priests for Life	The Flame of Love (1st, 3rd, 5th) Vicki McGrath / The Good News Hour: Personal Testimonies (2nd, 4th) Penny Antill	Medjugorje Message Dr. Domenico Mignone	Find Your Way Home Christine Watkins and Christine Bacon	Learning to Live in God's Divine Will Joseph Iannuzzi	Gospel of Life Priests for Life	10:00PM	
10:00PM	Night Prayer (Compline)								
10:05PM	Writings of Pope Francis Fr. Vincent Euk	Renewing Our Faith Dcn. Bill Brennan	Catechism of the Catholic Church Fr. Joseph Koterski	A Light In The World Christine Rossi	Good Night, Good Day Marta Varga	Divine Mercy: Diary of St. Faustina Kowalska Fr. John O'Brien	Brokenhearted Dan Jurek	11:05PM	
11:00PM	Holy Rosary and Litany								
	Healing Through the Mass Fr. Duane Stenzel	Battle Ready Fr. Dan Reehil						God's Word Alive and Active Tom Webb	Midnight
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Midnight	It's A Ponderful Life Dcn. Adrian Marchi & Sary Kelly	Companions on the Journey Mark Poldetrnow and Michael Norton	A Light In The World Christine Rossi	Catholic Kaleidoscope Alyssa Borges	Marian Apparitions Mary Pyper	Meet the Author Ken Huck	Sacred Treasures Kathie Deggan	1:00AM	
1:00AM	Quest for a Culture of Life in America Steve Koob	The Flame of Love Vicki McGrath / The Good News Hour: Personal Testimonies Penny Antill	Vigilant Hearts Annie Karlo	Gospel of Life: Pro-Life Issues Priests for Life	Divine Mercy: Diary of St. Faustina Kowalska Fr. John O'Brien	Putting Faith and Hope in Your Job Search Robin Brun	The Catholic "Take" on Truth & Culture Fr. Peter Pilner	2:00AM	
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5:00AM	Catholic Classics Fr. Joseph Koterski	Meet the Author Ken Huck	Putting Faith and Hope in Your Job Search Robin Brun	Learning to Live in God's Divine Will Fr. Joseph Iannuzzi	Cross Roads Mark Newman	Apologetics - Understanding Catholicism Jimmy Seghers	Jesus: the Promised Messiah of Judaism Roy Schoeman	6:00AM	
CENTRAL	White = Live Programming			Blue = Pre-recorded Programming			February 1, 2022	EASTERN	

Radio Maria USA

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88.7 FM - Anna, OH
88.1 FM - Hollidaysburg, PA
91.3 FM - Peshtigo, WI
91.9 FM - Miami, FL

Radio Maria was born as a parish radio in 1983 in the Diocese of Milan, Italy. Its purpose was to keep parishioners informed and to help them through prayer, the daily Mass and the Rosary. But it quickly grew in popularity into other countries. Radio Maria began broadcasting from its first English-speaking station in the US on May 25, 2000 in Alexandria, La. It has since expanded to include 11 frequencies in six other states.



You could win this FREE statue of Our Lady of Fatima!

A beautiful reminder to live the Fatima message, this stunning Our Lady of Fatima statue turns our hearts and minds toward the Blessed Mother and the visionaries who received Mary's message in Fatima in 1917.

Let this commemorative statue inspire you to draw near to Our Lord through Our Lady. Beautifully made in Fatima, Portugal. A powerful reminder to both young and old alike to answer God's call of prayer and penance through the voice of Mary. 16" is the length of the entire piece.

- Traditional ivory and gold Fatima statue
- Commemorative statue in honor of the 100th anniversary of Fatima
- Display this Marian statue as a reminder to live the message of Our Lady
- Adorned with jewel tone accents, gold detailing, and a detachable gold crown

Deadline to enter: Thursday, May 12

Radio Maria USA will give away one statue to one randomly selected winner on **Friday, May 13.**

To register to win, go online to:
radiomaria.us/fatima_statue
or fill out the form below:



Please enter my name into the Fatima Statue giveaway!

Name _____

Address _____

City _____ State _____ Zip _____

email _____

Mail this form to: Radio Maria USA
601 Washington Street
Alexandria, LA 71301

RM pro-life presenter Jim Sedlak dies at age 78

Long-time Radio Maria presenter James W. “Jim” Sedlak, 78, of Fredericksburg, VA, passed away peacefully Jan. 10. He was a respected pro-life activist.

Sedlak joined the pro-life movement in 1980. In 1993, Jim was identified by Planned Parenthood Federation of America (PPFA) as one of the 15 “most active” fighters against PP sex education programs. In 1995, PPFA featured Jim in two segments of its anti-life film *Unholy Alliance*. He

was a faithful Catholic, upholding the faith against abortion and championing pro-life issues.

Jim began his tenure with Radio Maria in 2013 as one of our first pro-life presenters. His live program *Pro-Life Activism from Creation to Death* kept listeners abreast of the latest news in the fight to end abortion.

In addition to his program on Radio Maria, Jim was a special one-hour guest on the Dr. Laura radio show. He also made TV appearances



Jim Sedlak

on *Politically Incorrect* with Bill Maher, *Mother*

Angelica’s EWTN worldwide network, the MTV *Sex in the Nineties* series, the 2007 HBO documentary *Friends of God*, and numerous local and regional TV shows.

In his professional career, Jim taught physics at Marymount High School in New York City. He worked 30 years for IBM as a research physicist and as manager of its corporate new products

He is survived by his wife of 54 years, three children, and nine grandchildren.

Listen to Radio Maria 24/7

There are several ways to listen to Radio Maria throughout your day:

- **Listen online** at radiomaria.us
- **Download** on your Smart phone, the new Radio Maria USA free app at radiomaria.us
- **Call to listen** to Radio Maria. Dial 1- 631-359-8743 - in the U.S (For U.S. audience only. No extra cost, when using unlimited mobile minutes. Check your long distance plan if using a land-line).
- **On the Radio** (See list of frequencies on previous page.)
- **On Alexa** - say “Alexa, Open Radio Maria”



Help Support Radio Maria

Radio Maria is 100% listener supported. It is through your prayers and donations that Radio Maria is able to bring authentic Catholic programming to the world, day in and day out. Please prayerfully consider making a contribution to help keep Our Lady’s radio on the air.

Radio Maria is a 501(c)(3) non-profit organization. All donations are tax deductible.



No donation is too large or small.
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